



Barnesbury Cycling Club

Est. 1923



Affiliated to: British Cycling, Northumberland & Durham Cycling Association and Cycling Time Trials

Barnesbury CC

Open 10

Wednesday 10th July 2019

Course: M102B

First Rider: 18:46

Time Keepers: Sharon Dyson & Ray Lockett

Event Secretary: Brian Bayne

33 Barrington Avenue

North Shields, NE30 3HG

brian.bayne@barnesbury-cc.co.uk

07900 885799



**Promoted for and on behalf of Cycling
Time Trials under their rules and
regulations.**



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Headquarters

East Hartford Community Centre, Scott Street, NE23 3AP. Riders will be able to sign on from 17:40

There is parking in the streets around the community centre, but we ask you to be respectful of the local residents as the community centre is situated on a residential street. We have had complaints in the past and we don't want anymore! Alternatively, riders may park and warm up at the usually Club 10 spot.

Please be aware that there may be other activities running at the community centre during the race – please be considerate.

Signing on

Each rider must sign the sign-on sheet before collecting the designated number. Each rider must sign for themselves and nobody else. Once the course has been completed, please hand the numbers back in at the sign on and Sign Off or you will be disqualified. Any juniors, who have not completed a parental consent form, must do so before signing on.

Results

The results will be put on the board as they come in. Full results will be posted on the Barnesbury website after the event: <http://barnesbury-cc.co.uk/events/2019/detail/1828/Open-10> and will be available on the CTT site a few days later

Refreshments

Refreshments will be available at the HQ after the event.

Course and Rider Information

Start at the north end of bus stop lay-by just north of the Bassington Roundabout on the A1068. Proceed north to Plessey Checks roundabout to start the first circuit. Take the third exit onto the A192 to



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Crowhall Lane roundabout. Continue straight on to the Three Horseshoes roundabout. Encircle the roundabout and take the fifth exit to rejoin the A192 westbound. Proceed to Crowhall roundabout and continue straight on to Plessey Checks roundabout to complete the first circuit. Encircle the roundabout and take the fifth exit to start the second circuit. At the end of the second circuit finish at the road sign approx. 0.1 miles before Plessey Checks roundabout.



Safety notes

Vehicles of competitors / officials / marshals / helpers to be parked safely and without hindrance to other road users. All riders are responsible for their own safety.

To access the start, it will be necessary to cross and ride a short section of the course. We are asking all competitors heading to the start to be mindful of other competitors racing and neither impede nor assist them, whilst also being aware of other road users. We suggest that all riders heading to the start turn off at Crowhall Roundabout and ride through the industrial estate (Crowhall Road and Nelson Way – for those that ride



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the Club 10's – this is the normal route you would use to access the start. See map above)

Riders

Take extra care where traffic enters or leaves the course by way of slip roads and in the negotiation of roundabouts. No U-turns to be made in the vicinity of the timekeeper. No dismounting in the finishing area. You must look ahead and not ride with your head down. In the interests of your safety, we recommend **that all competitors wear a hard shell helmet and use a working rear light.**

To assist the timekeepers at the finish line can you please ensure that your number is correctly placed and visible from the rear in line with CTT regulations noted below. If your number is too high, the Time Keepers will not be able to see it. "The number shall be centrally positioned below the waist so as to be clearly visible from the rear when in his normal riding position. Position number as shown:"



Any additional safety information will be provided on the day at the sign on HQ.

It is your responsibility to navigate the course – familiarise yourself with the route beforehand.



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Start Sheet

Bib	Start Time	Name	Club
1	18:46	James Allen	Barnesbury CC
2	18:47	Carrie Brookes	Blaydon CC
3	18:48	Joe Dixon	Gosforth RC
4	18:49	Jen McMahon	Muckle Cycle Club
5	18:50	Michael Sloanes	Blumilk.com
6	18:51	Julian Macbride	Team Kirkley Cycles
7	18:52	Paul Wright	Blaydon CC
8	18:53	Raymond Bell	Derwentside CC
9	18:54	Kevin Gunn	Muckle Cycle Club
10	18:55	Graham Crammond	Team Swift
11	18:56	Keith Davison	Hadrian R.T
12	18:57	David Symes	Blaydon CC
13	18:58	Maddy Hall	Breeze Bikes RT
14	18:59	Paul Mitchell	Blaydon CC
15	19:00	Philip Kennell	GS Metro
16	19:01	Lee Statham	Houghton CC
17	19:02	Miriam Jessett	Team Kirkley Cycles
18	19:03	Stuart Cook	Cestria C.C.
19	19:04	Harris Hall	Breeze Bikes RT
20	19:05	Nick Badcock	Allen Valley Velo
21	19:06	Russell Hughes	Tyneside Vagabonds CC
22	19:07	Tom Guy	Sunderland Clarion
23	19:08	Keith Sibbald	Zeus CRT
24	19:09	Richard Glennie	Barnesbury CC
25	19:10	Alan Henry	Zeus CRT
26	19:11	Venda Louise Pollock	Blaydon CC
27	19:12	Jay Pitt	Derwentside CC
28	19:13	Richard Exley	Gosforth RC
29	19:14	Justine Norman	Breeze Bikes RT
30	19:15	Nev Martin	GS Metro
31	19:16	Jamie Johnson	Barnesbury CC
32	19:17	Mark Whaley	Blaydon CC
33	19:18	David Donaldson	Derwentside CC
34	19:19	Andy Delaney	Northumbria Police C.C.
35	19:20	Michael Todd	Derwentside CC
36	19:21	David Linsley	Tyne & Wear Fire & Rescue Service CC
37	19:22	Bill Maxwell	Border City Whs CC



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38	19:23	Stephen McIntosh	Barnesbury CC
39	19:24	John Paul Herron	Derwentside CC
40	19:25	Phil Hall	Breeze Bikes RT
41	19:26	Roger Clarke	Tyneside Vagabonds CC
42	19:27	David Pritchard	Kennoway Road Club
43	19:28	Tony Thompson	North Racing
44	19:29	Lee Ridden	Reifen Racing
45	19:30	Adam Wilson	Cramlington CC
46	19:31	Ian Taylor	Blumilk.com
47	19:32	Martin Rasmussen	Tyneside Vagabonds CC
48	19:33	Stephen Hill	Barnesbury CC
49	19:34	Nicola Mccoy	Muckle Cycle Club
50	19:35	Thomas Hutchinson	Team Kirkley Cycles
51	19:36	Richard Tyson	Rock to Roll CC
52	19:37	Scott Mccance	Derwentside CC
53	19:38	Mark Birkett	Berwick Wheelers Cycling Club
54	19:39	Tony Mccann	Barnesbury CC
55	19:40	Daniel Dixon	Gosforth RC
56	19:41	Mark Herbert	Derwentside CC
57	19:42	Adam Harrison	Barnesbury CC
58	19:43	Mick Bradshaw	GS Metro
59	19:44	Michael Lynch	Derwentside CC
60	19:45	Lewis Timmins	Team Swift
61	19:46	Kevin Hall	Sunderland Clarion
62	19:47	Ian Simon	Breeze Bikes RT
63	19:48	Clive Allan	Allen Valley Velo
64	19:49	Andrew Thorp	North Racing
65	19:50	John Routledge	Barnesbury CC
66	19:51	Phil Watson	Hadrian R.T
67	19:52	David Swainson	Derwentside CC
68	19:53	Teri Bayliss	Muckle Cycle Club
69	19:54	Rachel Galler	Blaydon CC
70	19:55	Harry Walker	Revolver Racing
71	19:56	Christopher Beaty	Allen Valley Velo
72	19:57	Michael Charlton	Barnesbury CC
73	19:58	Craig Foley	Tricademy
74	19:59	William Sharman	Barnesbury CC
75	20:00	Neil Wilkinson	Blaydon CC
76	20:01	Dean Madden	Barnesbury CC
77	20:02	Neil Parkin	Derwentside CC



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78	20:03	Alistair Macdonald	Sporting Club Gothic
79	20:04	Dennis Fuller	GS Metro
80	20:05	Shaun Tyson	Ribble Pro Cycling
81	RESERVE	Carl Foreman	Muckle Cycle Club
82	19:05	Mick Chappel	North Tyneside Riders CC

Prize List

Cat	Position	Amount
Male	1st	£30.00
	2nd	£25.00
	3rd	£20.00
Women	1st	£30.00
	2nd	£25.00
	3rd	£20.00
U18 Male	1st	£10.00
U18 Female	1st	£10.00
Team	1st	£30.00
	2nd	£15.00
V40 (STD)	1st	£10.00
V50 (STD)	1st	£10.00
V60 (STD)	1st	£10.00
v70 (STD)	1st	£10.00

Team prizes – 1st 3 riders of each club. One prize per rider (with exception of team prize)